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***Manuscript Title***

Short Title: to be used as running head

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**Abstract**

A short Abstract should summarize the main points and reflect the content of the article. It should be written in a clear and concise way and be structured using the following subheadings: Introduction, Methods, Results, and Conclusion. Abbreviations used in the main text may be introduced and used. Use neither bibliographic references nor references to figures or tables in the Abstract.

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The Introduction should provide a summary of the background to the relevant field of research and the specific problems addressed and should state the hypotheses being explored as well as the main goal(s) of the study. Conclusions or findings should not appear in the Introduction. Authors should reference their work in an anonymous way, for example “as shown in [1]” rather than “as we previously showed [1]”.

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The trial registration number (TRN) should be included in the ethics statement of the statements page that is uploaded separately from the manuscript file and not in the manuscript file.

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The Results section should describe the most important findings of the study, analysis, or experiment. The most important results should be indicated, and relevant trends and patterns should be described.

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