***Double blind peer review***

***Review Article anonymized\*  
Manuscript Title (in English and Portuguese)***

Short Title: to be used as running head

Keywords/Palavras Chave: Please provide 3–5 keywords highlighting the most important points of your paper in English and Portuguese.

\* Please be aware that the Editorial Office does not edit manuscripts before sending them out for review, therefore you include author information or potentially identifiable information at your own risk and accept that this will be visible to reviewers.

**Abstract/Resumo**

The Abstract (in English and Portuguese) should summarize the main points and reflect the content of the article. It should be written in a clear and concise way and be structured using the following subheadings: Background, Summary, and Key Messages. Abbreviations used in the main text may be introduced and used. Use neither bibliographic references nor references to figures or tables in the Abstract.

**Introduction**

**Main Text**

**Conclusion**Authors should reference their work in an anonymous way, for example “as shown in [1]” rather than “as we previously showed [1]”.

**Statements** **anonymized**

All papers must contain the following statements after the main body of the text and before the reference list. More detailed information can be found at Publication Ethics and Editorial Policies | Karger Publishers.

**A****cknowledgement (optional)**

This section should remain blank in this anonymized version.

**Conflict of Interest Statement**

Authors are required to disclose any possible conflicts of interest. All forms of support and financial involvement (e.g. employment, consultancies, honoraria, stock ownership and options, expert testimony, grants or patents received or pending, royalties) which took place in the previous three years should be listed, regardless of their potential relevance to the paper. Also the nonfinancial relationships (personal, political, or professional) that may potentially influence the writing of the manuscript should be declared. If there is no conflict of interest, please state: “The authors have no conflicts of interest to declare.”

Please include an anonymized version of the Conflict of Interest statement here. If there is no conflict of interest, please state: “The authors have no conflicts of interest to declare.” If an author has a potential conflict of interest to disclose, please formulate this by referring to the author anonymously e.g. “Author 2 has a conflict of interest to declare….” The conflict of interest statement should list the company or entity that is the source of the potential conflict of interest by name.

**Funding Sources**

Authors must give full details about the funding of any research relevant to their study including explanations of the roles of these sources in the study design, execution and analysis, and manuscript conception, planning, writing and decision to publish. If the sponsor or funder had no role in any of the above, please use the following statement: "The funder had no role in the design, data collection, data analysis, and reporting of this study." Please ensure to include any support that could be perceived as a potential conflict of interest in the Conflict of Interest Statement. If no funding was received for the study, please use the following statement: "This study was not supported by any sponsor or funder."

Authors should provide non- specific funding information. Please write if funding was received, or not, and if, that there is a grant number, but do not specify the number here.

Please use the following example for an anonymized statement:

Funding for this study was provided by [funder name withheld for review], grant number [number withheld for review].

**Author Contributions**

In the Author Contributions section, a short statement detailing the contributions of each person named as an author should be included. Contributors to the paper who do not fulfil the [ICMJE Criteria for Authorship](https://eur02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.icmje.org%2Frecommendations%2Fbrowse%2Froles-and-responsibilities%2Fdefining-the-role-of-authors-and-contributors.html&data=04%7C01%7Ck.fava%40karger.com%7Cff60788f01494d8ede1508d90a2bbe0c%7C69e7eb606e904a0590b15b8d6d697087%7C0%7C0%7C637552005543144066%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=QBfoT6JcFIpswsIllt2YnvL4fkIMHENDcVTlHkfgnPI%3D&reserved=0) should be credited in the Acknowledgement section.  Please include an anonymized version of the Author Contribution statement here, referring to each author as Author 1, Author 2 in the order they appear in the author list.

Please use the following example for an anonymized statement:

Author 1 and author 3 designed the experiments and analyzed the data. Author 2 and author 4 analyzed the data and prepared the manuscript. All authors approved the final manuscript.

**References [Numerical]**

References in the text should be identified using Arabic numerals [in square brackets].

The reference list should include only those publications which are cited in the text, arranged numerically in the order in which they are cited. More information and examples can be found on the Author Guidelines of the respective journal.

**Important note concerning references of own author group:** Authors should reference their work in an anonymous way, for example “as shown in [1]” rather than “as we previously showed [1]”.

**Figure Legends**

Fig. 1. Legend text.

Fig. 2. Legend text.

Figures should be mentioned in the manuscript text as follows:   
Without round brackets:

“…shown in Figure 1…” or “…shown in Figures 1 and 4…” or “…shown in Figures 2–6…” always with capital letters and written out.

With round brackets:

“(shown in Fig. 1)” or “(shown in Fig. 1, 4)” or “(shown in Fig. 2–6)”, always abbreviated as “Fig.” followed by the number or numbers after a full stop and a space.

In the Legend:

“Fig. 1.” or “Fig. 1. a”, always abbreviated as “Fig.” followed by the number after a full stop and a space

Please note that the actual figures and all tables should be uploaded as separate items in their original file format.