***Guidelines
Manuscript Title (in English and Portuguese)***

First Name(s) Surnamea, First Name(s) Surnamea, First Name(s) Surnameb, First Name(s) Surnamec, First Name(s) Surnamea

a Department, Institute/University/Hospital, City, (State,) Country

b Department, Institute/University/Hospital, City, (State,) Country

c Department, Institute/University/Hospital, City, (State,) Country

Short Title: to be used as running head

Corresponding Author:

First and last name

E-mail address:

Keywords/ Palavras Chave: Please provide 3–5 keywords in English and Portuguese highlighting the most important points of your paper.

**Abstract**

A short Abstract (in English and Portuguese) should summarize the main points and reflect the content of the article. It should be written in a clear and concise way and be unstructured, set in 1 paragraph. Abbreviations used in the main text may be introduced and used. Use neither bibliographic references nor references to figures or tables in the Abstract.

**Text**

**Statements**

All papers must contain the following statements after the main body of the text and before the reference list. More detailed information can be found at Publication Ethics and Editorial Policies | Karger Publishers.

**Acknowledgement (optional)**

In the Acknowledgement section, authors may include individuals, who are not listed as authors, and organizations that have made substantive contributions to the research or the manuscript. An exception is where funding was provided, which should be included in Funding Sources.

###### Conflict of Interest Statement

Authors are required to disclose any possible conflicts of interest. All forms of support and financial involvement (e.g. employment, consultancies, honoraria, stock ownership and options, expert testimony, grants or patents received or pending, royalties) which took place in the previous three years should be listed, regardless of their potential relevance to the paper. Also the nonfinancial relationships (personal, political, or professional) that may potentially influence the writing of the manuscript should be declared. If there is no conflict of interest, please state: “The authors have no conflicts of interest to declare.”

###### Funding Sources

Authors must give full details about the funding of any research relevant to their study, including sponsor names and explanations of the roles of these sources in the study design, execution and analysis, and manuscript conception, planning, writing and decision to publish. If the sponsor or funder had no role in any of the above, please use the following statement: "The funder had no role in the design, data collection, data analysis, and reporting of this study." Please ensure to include any support that could be perceived as a potential conflict of interest in the Conflict of Interest Statement. It is strongly advised to write out the funding body in full and add the grant number in brackets. Multiple grant numbers should be separated by commas and spaces. If no funding was received for the study, please use the following statement: "This study was not supported by any sponsor or funder."

###### Author Contributions

In the Author Contributions section, a short statement detailing the contributions of each person named as an author should be included. Please include the initials of each author and their contribution. Contributors to the paper who do not fulfil the ICMJE Criteria for Authorship should be credited in the Acknowledgement section.

**References [Numerical]**

References in the text should be identified sequentially using Arabic numerals [in square brackets].

The reference list should include only those publications which are cited in the text, arranged numerically in the order in which they are cited. More information and examples can be found on the Author Guidelines of the respective journal.

**Figure Legends**

Fig. 1. Legend text.

Fig. 2. Legend text.

Figures should be mentioned in the manuscript text as follows:
Without round brackets:

“…shown in Figure 1…” or “…shown in Figures 1 and 4…” or “…shown in Figures 2–6…” always with capital letters and written out.

With round brackets:

“(shown in Fig. 1)” or “(shown in Fig. 1, 4)” or “(shown in Fig. 2–6)”, always abbreviated as “Fig.” followed by the number or numbers after a full stop and a space.

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Please note that the actual figures and all tables should be uploaded as separate items in their original file format.