***Letter***

***Manuscript Title***

First Name(s) Surnamea, First Name(s) Surnamea, First Name(s) Surnameb, First Name(s) Surnamec, First Name(s) Surnamea

a Department, Institute/University/Hospital, City, (State,) Country

b Department, Institute/University/Hospital, City, (State,) Country

c Department, Institute/University/Hospital, City, (State,) Country

Short Title: to be used as running head

Corresponding Author:

First and Last Name

E-mail address:

**Text**

The main text of the letter should go here.

**Statements**

All papers must contain the following statements after the main body of the text and before the reference list. More detailed information can be found at Publication Ethics and Editorial Policies | Karger Publishers.

**A****cknowledgement (optional)**

In the Acknowledgement section, authors may include individuals, who are not listed as authors, and organizations that have made substantive contributions to the research or the manuscript. An exception is where funding was provided, which should be included in Funding Sources.

###### Conflict of Interest Statement

Authors are required to disclose any possible conflicts of interest. All forms of support and financial involvement (e.g. employment, consultancies, honoraria, stock ownership and options, expert testimony, grants or patents received or pending, royalties) which took place in the previous three years should be listed, regardless of their potential relevance to the paper. Also the nonfinancial relationships (personal, political, or professional) that may potentially influence the writing of the manuscript should be declared. If there is no conflict of interest, please state: “The authors have no conflicts of interest to declare.”

###### Funding Sources

Authors must give full details about the funding of any research relevant to their study, including sponsor names and explanations of the roles of these sources in the study design, execution and analysis, and manuscript conception, planning, writing and decision to publish. If the sponsor or funder had no role in any of the above, please use the following statement: "The funder had no role in the design, data collection, data analysis, and reporting of this study." Please ensure to include any support that could be perceived as a potential conflict of interest in the Conflict of Interest Statement. It is strongly advised to write out the funding body in full and add the grant number in brackets. Multiple grant numbers should be separated by commas and spaces. If no funding was received for the study, please use the following statement: "This study was not supported by any sponsor or funder."

###### Author Contributions

In the Author Contributions section, a short statement detailing the contributions of each person named as an author should be included. Please include the initials of each author and their contribution. Contributors to the paper who do not fulfil the ICMJE Criteria for Authorship should be credited in the Acknowledgement section.

**References (Alphabetical)**
The list of references should include only those publications which are cited in the text, in alphabetical order. Please use the [APA style, 7th edition](https://endnote.com/style_download/apa-7th-american-psychological-association-7th-edition/), for your reference list and in-text citations. In the reference list, journal articles should be listed with their DOIs at the end of the reference. More information and examples can be found on the Author Guidelines of the respective journal.

**Figure Legends**

Fig. 1. Legend text.

The figure should be mentioned in the manuscript text as follows:
Without round brackets:

“…shown in Figure 1…” always with capital letters and written out.

With round brackets:

“(shown in Fig. 1)” always abbreviated as “Fig.” followed by the number or numbers after a full stop and a space.

In the Legend:

“Fig. 1.” or “Fig. 1. a”, always abbreviated as “Fig.” followed by the number after a full stop and a space

Please note that the actual figure and table should be uploaded separately.